



# ST. PHILOMENA SCHOOL PARENT NIGHT

SCHOOL SUPPORTING HOME, HOME SUPPORTING SCHOOL

May 4, 2022 6:30-8:00 p.m.

*Setting Your Family Up For a Successful Summer*

\*The Pastor's Perspective

\*Opportunities for Summer Family Fun

# *Round Table Discussion*

- Do you carry a “survival kit” in your car for your family? Do the contents vary from season to season?
- What items do you think would be beneficial (and fun!) to have in your car this summer?

# *The Pastor's Perspective*

- Confessional Perspective
  - Kids trust parents
  - They do know afterwards they were in the wrong
  - They do feel bad about hurting you
- You know you are doing your job as a parent when you child says:
  - That is not fair
  - Everybody else,,,
  - I have no freedom
  - I hate you



# *The Pastor's Perspective*

- Time on Technology
  - Have a limit
  - Have a family storage location
  - Limit private use - especially bedroom
  - Technology fasting
- Technology Privileges
  - You are in charge
  - Tech is a perk, not a right
  - It is never too late to start over
  - Have access to all account, passwords
  - Parental Controls



# The Pastor's Perspective

- Technology breaks are good
  - We all need a break - especially from conflict
  - Parents struggle bringing work home
  - Technology doesn't allow kids to leave school at school
- Technology Filtering
  - Have something
  - Routers at Home
  - DNS Content Filtering
  - <https://geekflare.com/dns-content-filtering-software/>



# The Pastor's Perspective

- Parent Response:
  - Calmly hold the line
  - Do not show anger
  - I am doing this because I love you, you do not have to understand
- Boundaries
  - When, how, and what is this device used for?
  - There has to be limits that are clear and maintained
    - They are not capable of maintaining their limits and need your assistance
    - They must be stored away from temptation
    - They will withdraw, be non-compliant, and disengaged



# The Pastor's Perspective

- Overuse of Technology
  - Can create addiction
  - It is about what they are not doing
  - They need in person relationships
- Make Memories
  - St. Philomena Summer Events
  - Community Opportunities
  - [1000 Hours Outside](#)
  - Example: visit 2 new parks a week and make a top ten list at the end of the summer.



# Round Table Discussion

- What are your favorite memories during the summer as a child?
- What life skills do you want your children to know before they move out your house?
- Example: Laundry, cooking, mechanical, plumbing, outdoor survival, gardening, organization, time management, problem solving, interpersonal skills
- Who can they learn these from inside or outside of your home?
- Better Together- How can you be strengthened by other parents?



# *Opportunities for Family Summer Fun*

- Setting Summer goals and plans
  - What skills/virtues/habits do you want your child to grow in?
  - How do you want your family to spend your time?
- Creating Routines- Weekly & Daily
- Local events & resources
  - St. Phil's Events
  - Local camps, parks, museums, and more
  - SPS Babysitters & Mother's Helpers
- Creating a Summer Bucket List
  - Brainstorm with your kids!



# Round Table Discussion

- What is your family's biggest challenge during summer?
  - Sibling relationships?
  - Childcare?
  - Routine/Schedule?
  - Battles with devices?
- What success have you had during past summers? What works well for your family?
- What goals do you have for your summer?