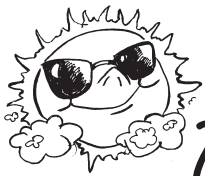




JULY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <p>Make a list of family activities for the summer. Give everyone a chance to add something.</p>	2 <p>Bless the TV and iPad screens for holy use during the summer.</p>	3 <p>Play ultimate frisbee. Winner picks dinner. Whoever comes in second picks dessert!</p>	4 <p>Visit the Blessed Sacrament and pray for our country.</p>	5 <p>Donate winter clothes that went unused to charity.</p>
6 <p>Stay after Mass and pray for a holy, fun, and safe summer.</p>	7 <p>Bless each child this morning before the days' activities begin.</p>	8 <p>Fill a jar with spare change. When it's full, bring it to the poor box at church.</p>	9 <p>Do a chore you have been putting off.</p>	10 <p>Find books written about -- or written by -- the saints. You'll get good books and saint friends.</p>	11 <p>Family Fun Night!</p> <p>Order pizza, play board games, sing songs, and spend time together.</p>	12 <p>Holy hospitality is outreach. Invite a family who's new to the parish to dinner at your house.</p>
13 <p>Recite the Apostles' Creed as an act of faith.</p>	14 <p>Decorate paper airplanes. See whose plane can sail furthest or makes the most loops, etc.</p>	15 <p>Look for a way God showed He loves you today. Share it at bedtime.</p>	16 <p>Our Lady of Mt. Carmel Enjoy a caramel-themed dessert in honor of Our Lady of Mt. Carmel.</p>	17 <p>Read today's Gospel (Matthew 11:28-30) and talk about how following Jesus faithfully gives us true peace.</p>	18 <p>Bring a meal to someone who's homebound or has a newborn.</p>	19 <p>Have an A-to-Z scavenger hunt in the backyard. Photograph something that starts with every letter.</p>
20 <p>Light a candle at church for the Pope's intentions.</p>	21 <p>Pick a Beatitude and try to live for the rest of the week (Matthew 5:3-11).</p>	22 <p>Water balloon battle! Turn on the garden hose and fill up water balloons. Let the games begin!</p>	23 <p>Practice patience.</p>	24 <p>Call Catholic Relief Services and see how you can support their projects, at 877-HELP-CRS or www.crs.org.</p>	25 <p>Build a campfire in the backyard. Make hotdogs and s'mores and sing songs.</p>	26 <p>Feast of Saints Anne and Joachim Pray for grandparents everywhere.</p>
27 <p>Discuss the homily so children can understand and put it into practice.</p>	28 <p>Help make your family more loving and patient. Use only kind words today.</p>	29 <p>In honor of Saints Martha, Mary, and Lazarus, set up an extra place for Jesus at your table.</p>	30 <p>Give the "alms" of your attention. Put down the screens and be fully present when someone is talking.</p>	31 <p>Have everyone do an examination of conscience, following the Ten Commandments.</p>		



AUGUST 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Make a family visit to Jesus in the Blessed Sacrament—pray the Divine Mercy Chaplet and share a moment of peace and power. Find it here: www.usccb.org
3 Offer a Mass for your priests and future vocations—pray big, love your shepherds!	4 Have everyone put prayer intentions in a bowl and draw at random. This week, pray for your prayer buddy's intentions.	5 Apologize to someone you hurt. Forgive someone who hurt you.	6 <i>The Transfiguration of the Lord</i> In honor of the Transfiguration, come to dinner dressed in your best clothes.	7 Demonstrate charity by inviting friends over for dessert tonight.	8 Feast of St. Dominic de Guzmán In honor of St. Dominic, talk only of God and His blessings at dinner tonight.	9 Explore your city. Visit a museum or park that you haven't heard of before.
10 Today at Mass, thank God for the gift of the Eucharist, the "source and summit" of the Faith.	11 Ask your pastor how your family can pitch in—team up and make parish life awesome!	12 Flip worries into thank-yous—trade stress for gratitude on the spot!	13 Chase fireflies, catch the glow, then set them free before lights out!	14 Turn a dreaded chore into a prayer—each of you can offer it for someone who needs a lift!	15 <i>The Assumption of Mary</i> Go to Mass, then pray a family Rosary—double the grace, together.	16 Take a mini pilgrimage to a nearby church or shrine—pray big for the Church along the way!
17 Stay around after Mass and pray for peace—linger a little, love a lot.	18 Shape coat hangers or pipe cleaners into bubble wands, dip, and fill the yard with giant, soapy fun!	19 Join in prayer for someone who gets on your nerves.	20 What if Jesus showed up for dinner—what would you say or do?	21 Surprise an elderly or infirm neighbor—offer to tackle their yardwork.	22 Queenship of Mary Pray "Hail, Holy Queen" together before an image of Our Lady.	23 FAMILY MOVIE NIGHT! Grab popcorn. Press play. Enjoy the show.
24 After Mass, say a prayer for teachers and students kicking off a new school year.	25 Play "Guess the Saint"! Grab <i>Butler's Lives of the Saints</i> , drop clues, and take turns guessing.	26 Brighten the sidewalk—chalk up some feel-good messages for your neighbors.	27 Tonight, turn off the screens and tune in to God—together.	28 Cool off by washing the car together.	29 From noon to 3:00pm—the hours Jesus hung on the Cross—unplug from screens in His honor.	30 At dinner, swap your best summer stories.
31 At Mass, thank God for the summer's blessings—big and small.						